



Dacayana Eskrima - Level 10 - 3rd Degree Black Belt Syllabus

Solo Olisi

Demonstrate Advanced Blocking

Eskrima Patid

Demonstrate the **Close Range Eskrima Patid foot trapping positions**

7 on each foot

Advanced Sumbagay

Using the Sumbagay Tapi Drill

Advanced Tapi Drill with 7 count trapping set **INCLUDING** Lowline trapping from Eskrima Patid foot trapping positions to takedowns if directed.

Demonstrate the following entries and Destruction techniques from the **medium range Tapi drill :**

- 4 Basic
- 2 Double hand (staggered)
- 4 Fist Destructions
- 4 Siko Destructions

Total 14 techniques on right hand – (Fist Destructions can be Fist/Backfist/Hammerfist/Knuckles or Wristbone)

Then apply destructions on left straight punch after ABD

The Sumbagay Flow Drill

Demonstrate in this order the Sumbagay Flow drill in Basic form:

- 1,2,3,4, from outside alternate hands
- One hand from all 4
- RLRR
- From outside cross parries - 1,2,3,4, inside to outside on 5 with C hand finish
- From inside cross parry to outside C hand

- *Combine all and Principles of redirect & gathering etc for basic form*

Demonstrate Sumbagay **flow Entries & Destructions** from within the drill:

FOUR Basic hand positions L & R = 8 (parry and cross parry)

TWO Staggered Double hand (L & R =4) the converted to Destructions (Fist & Siko - total 8)

ONE double hand concurrent control Entry (downward)

Demonstrate the Sumbagay Flow Drill **with the 6 Applications plus T7** (*Combining all and Principles of redirect & gathering etc for the advanced form*).

Dealing with Weapons attacks and Disarming using empty hands

Demonstrate empty hand versus weapons attack as directed but will include:

Angle 1, 3, attack v Empty hand

Angle 2 Attack v Empty hand

Combat Judo

Combat Judo Angles

Demonstrate 12 combat Judo Knife Angles :

1/ as the 12 Count basic form moving forward and backward

2/ against an opponent

Combat Judo techniques versus combat Judo angles.

14 Techniques

Demonstrate in pairs the following combat judo techniques:

Versus knife Angle 1

Technique 1, 2, 3, 4, 5, 6 & 7 (3-7 versus live hand counter)

Versus knife angle 2

Technique 8, 9, & 10

Versus Knife Angle 3

Technique 11&12

Versus knife angle 4 & 5

Technique 13 & 14

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Combat Judo Rolling Partner drill 1

Combat Judo (empty hand) techniques against combat angles 1,2,3,4

Combat Judo from Close Range Balla Balla

Using one knife between two in the drill many techniques can be reached from within Close Range Balla Balla. Demonstrate as directed.

Combat Judo and Sumbagay

Demonstrate the Application of Empty Hand Combat Judo from the Sumbagay Tapi and Flow Drills