



Dacayana Eskrima Level 7 - Brown Belt Syllabus

Solo Olisi

Demonstrate solo: 12 Basic Strikes with and without footwork

Demonstrate solo: Arco consecutive strikes with footwork

In pairs Demonstrate Blocking and holding versus angles 1-6 with consecutive strike counters using total control.

Doble Olisi - Drills

Demonstrate solo:

5 Strikes Drill - moving freely

5 strikes Drill pair form

Demonstrate in Pairs:

Double cane blocking drill (complete form, with switch, direct hitting, parry with counters and tie up and 5 strike countering).

Balla Balla – Drill

Demonstrate in pairs the close range Balla Balla Drill with wrist trap & hold, outer Pu-An techniques and add the 1,2,3, Blocking drill, 5 Strikes Long range moving forwards and backwards.

Also Demonstrate hitting the target (palasut)

Sword/Stick and dagger (Olisi Kutselyo)

Demonstrate in pairs the BAHU Medium range Drill (strikes 2,1,8,9) with stick & Knife

Demonstrate the 13 count form moving freely

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