



Dacayana Eskrima Level 2 - Orange Belt Syllabus

Solo Olisi 12 Basic Strikes

Demonstrate solo:

12 Basic strikes (With Basic Footwork)

Demonstrate the following strikes separately (solo):

Angles 3 & 6 Ekis (x strike)

Angles 4 & 5 Ekis (x strike)

Demonstrate in Pairs:

12 Basic strikes and Blocks (With Basic Footwork)

Solo Olisi 5 Consecutive Strikes

Demonstrate the 5 consecutive strikes (Angles 11,6,1,6 & 9) from a stationary position with and without footwork.