



Dacayana Eskrima - Level 9 - 2nd Degree Black Belt Syllabus

Solo Olisi

Demonstrate the 12 Basic Strikes in **Linear Form** to a high standard
Demonstrate Pay Pay (5 count)

Solo Olisi Counters

Demonstrate in Pairs: Countering disarms as directed but will include:
Disarm 2 – by sacrificing stick (into counter flow to cross hand tie up)
Disarm 4 (two counters – early & late)
Disarm 5 – Forcing the counter (using double hand trap)

Solo Olisi Tapi

Demonstrate as directed:

- 1/ Basic Solo Olisi Tapi Drill
- 2/ Advanced Solo Olisi Tapi drill with Palusot & Pay Pay– total control
- 3/ High line striking (can include Pay Pay 5 count) from ‘block and hold’ positions – with total control
- 4/ 10 Applications from Advanced Tapi Tapi

Solo Olisi Consecutive Strikes

Demonstrate 30 consecutive strikes

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Balla Balla Module – Solo Olisi

- **Close Range Balla Balla with Palusut / Pushing & Pulling and Disarming**
- **Solo Olisi Tapi Tapi into BAHI Drill**
- **Solo Olisi Tapi Tapi & Applications** from Solo Olisi Tapi (Demonstrate **10 Techniques**)
- **Combine THREE drills CRBB, Solo Olisi Tapi & BAHI with speed and flow**

Advanced Sumbagay (Empty hand system)

Advanced Tapi Drill with 7 count trapping set

Use everything in Basic and intermediate plus: **7 count Trapping Set**

Demonstrate the Advanced ‘double tap’ from the circular tapi drill

Saguidas (Module 6)

Show the correct saguidas palm stick positions

Show freeflow consecutive strikes using saguidas in pair form – with attacker feeding high straight attacks – make sure to apply correct saguidas ‘hold’ on each strike

Demonstrate with speed the ‘hagbung’ double attack as part of the flow

Demonstrate the **Saguidas 7 Count Trapping set**