



Dacayana Eskrima Level 6 - Purple Belt Syllabus

Solo Olisi

Discuss the 5 main types of the Dacayana Countering, Disarming & Blocking techniques against all 12 basic angles.

- 1) Direct hitting
- 2) Block/Tapi & counter
- 3) Block/Hold & counter
- 4) Attack by drawing
- 5) Disarm

Demonstrate in pairs: 7, 8, 9 Blocking Drill and the 10, 11, 12 Blocking Drill

Demonstrate Sayaw using the five strikes in freestyle movement using cross step and advanced footwork.

Doble Olisi - Drills

Demonstrate in Pairs:

Double cane blocking drill advanced, with Switch and direct hitting, parry and counter.

Balla Balla- Drills

Demonstrate in pairs the Close Range Balla Balla Drill with wrist trap & hold, outer Pu-An techniques, 1,2,3 Blocking drill moving forwards and backwards

Demonstrate in Pairs Long Range Balla Balla

Demonstrate in pairs the BAHU Medium range Drill (strikes 2,1,8,9) with movement and flowing into 1,2,3 Blocking Drill and long Range Balla Balla

Sword/Stick and dagger (Olisi Kutselyo)

Demonstrate the 10 count form moving freely

Demonstrate the 'Tie ups' using attack by drawing

Dacayana UK Eskrima Syllabus written and prepared by: Marcie Harding
Under the guidance of, and Authorised by: Grandmaster Jun Dacayana, Cebu
City, Philippines.