# THE NEW 2025 TIMETABLE

## MONDAY

5PM - KIDS KICKBOXING
6PM - LADIES KICKBOXING
7PM - JEET KUNE DO
8PM - THAI BOXING

## TUESDAY

5:30PM - MINI NINJAS
6PM - TKD WHITE TO BLUE STRIPE
7PM - TKD BLUE BELTS AND ABOVE
8PM - TKD ADULTS

## WEDNESDAY

9:30AM - LADIES KICKBOXING
5:30PM - MINI NINJAS
6PM - TKD BLACK BELTS
7PM - KRAV MAGA
8PM - ESCRIMA

## THURSDAY

5PM - KIDS KICKBOXING
6PM - ADULTS KICKBOXING
7PM - JEET KUNE DO
8PM - THAI BOXING

## FRIDAY

9:30AM - LADIES KICKBOXING
5:30PM - MINI NINJAS
6PM - TKD WHITE TO BLUE STRIPE
7PM - TKD BLUE BELTS AND ABOVE

## SATURDAY

9AM - MINI NINJAS
9:30AM - KRAV MAGA
10:30AM - ESCRIMA